Newman International Academy
PO Box 170057, Arlington, TX 76003

September 14, 2021

Dear Parent/Guardian, Faculty & Staff,

In keeping with Newman International Academy's practices to respond to COVID-19, we are notifying student families, faculty and staff that there has been a lab-confirmed case of COVID-19 present on the campus of Newman International Academy of Mansfield (NIAM). Due to privacy requirements, we will not be releasing the name or details that may identify the individual.

COVID-19 is spread when an infected person coughs, sneezes, talks, or touches surfaces or objects which are then touched by others not infected with COVID-19.

For the next 10 days, you should do the following:

- Monitor yourself daily for <u>any</u> symptoms of COVID-19 including: fever, chills, fatigue, headache, conjunctivitis (pink eye), diarrhea, vomiting, sore throat, loss of sense of taste or smell, cough, shortness of breath, difficulty breathing, or seasonal allergy-like symptoms. Most persons who contract COVID-19, experience no symptoms or very mild symptoms, while others may become very ill.
- If you have or if you develop any symptoms of COVID-19**:**
    - **Isolate immediately and contact your doctor. If you require testing, please go to the County Health Department website for testing sites.**
    - **If you develop trouble breathing, shortness of breath, chest pain, or worsening COVID-19 symptoms, seek emergency medical care immediately or call 911.**
    - **You may <u>not</u> return to the campus until you meet the following conditions:**
        1. 10 days have passed since symptoms first appeared.
           and
        2. At least 24 hours have passed since last fever without the use of fever-reducing medications
           and
        3. Improvement in symptoms (e.g., cough, shortness of breath, headache, etc.)

We encourage anyone in the Newman community who is lab-confirmed to have COVID-19 to please notify our school by contacting your school principal.

Sincerely,
Newman International Academy Administration